Course Venue

AIMS Academy



The AIMS Academy with its large spaces is dedicated to theoretical and practical training. The center is on a human scale to allow visitors excellent networking moments during the different sessions.



Course Description

This three-day course aims to give a comprehensive overview of the treatment of complex fractures and pathologies requiring arthroplasty in hand surgery. Participants will be presented with theoretical presentations and case studies, which will be discussed in group settings, and the topics learned will be practiced on fresh frozen cadavers. A tutor will be available for every four participants.

Course Structure

Day 1 (starting at 1:00 p.m. CET)

- Treatment of complex distal radius fractures
- Cadaver workshop distal radius fractures
- Malunions following complex distal radius fractures

Day 2

- Treatment of complex metacarpal fractures
- Cadaver workshop metacarpal fractures
- Malunions following complex metacarpal fractures
- Ulna shortening theory
- Cadaver workshop ulna shortening
- Ulna head replacement theory
- Cadaver workshop ulna head replacement

Day 3

- PIP arthroplasty (primary and post-trauma)
- Cadaver workshop PIP arthroplasty

It is possible, that course structure is subject to change.

Supported by:









Hands-on Cadaver Workshop

All Around Complex Fracture Treatment and Joint Replacement in Hand Surgery

AIMS Academy, Milan/Italy May 23 - 25, 2024

International Faculty

Wilhelm Berger, Merano/Italy Massimo Corain, Verona/Italy

Max Haerle, Markgröningen/Germany Jan-Ragnar Haugstvedt, Moss/Norway

Simonetta Odella, Milan/Italy Sandra Pfanner, Florence/Italy

Stephan Schindele, Zurich/Switzerland

Jörg van Schoonhoven, Bad Neustadt/Germany

Alberto Sgarbossa, Brescia/Italy Davide Smarrelli, Bergamo/Italy Endre Soreide. Oslo/Norway

Sumedh Talwalkar, Wrightington/United Kingdom



Agenda



Day 1 |23.05.2024

12:30	Welcome reception	
13:00	Welcome from BIRG chairmen	Smarrelli & Sgar-
	Session on distal radius fracture management chairs of session: Pickard & Schep	
13:15	Introduction into the session on distal radius fracture management – chairs: Pfanner & Haerle	
13:15	Which DRFs should be operated?	Pfanner
13:30	Preoperative planning of DRFs	Smarrelli
13:45	Dorsal and volar approach to the distal radius, tips and tricks, classification and key fragments	Berger
14:00	Patterns of radio carpal fracture dislocations	Soreide
14:15	Volar and dorsal rim fractures	Corain
14:30	Concomitant TFCC and SL lesions, should they be treated?	Sgarbossa
14:45	Q & A	AII
15:00	Coffee break	
15:30	Workshop on distal radius fracture management Introduction of instrument set and set features, introduction and explanation of machines, work- shop instruction including presentation of available	Sgarbossa & Haerle & KLS Team
	fractures	
15:45	fractures Start of cadaveric workshop	All
15:45 16:45		AII
	Start of cadaveric workshop	
16:45	Start of cadaveric workshop Presentation of results	
16:45	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and	
16:45 17:00 17:30	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and forearm fractures – chairs: Haugstvedt & Corain	All
16:45 17:00 17:30	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and forearm fractures – chairs: Haugstvedt & Corain Principles in 3D planning	All
16:45 17:00 17:30 17:30 17:45	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and forearm fractures – chairs: Haugstvedt & Corain Principles in 3D planning Extra arctiular reconstruction	All Corain Berger
16:45 17:00 17:30 17:30 17:45 18:00	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and forearm fractures – chairs: Haugstvedt & Corain Principles in 3D planning Extra arctiular reconstruction Intra articular reconstruction	Corain Berger Haugstvedt
16:45 17:00 17:30 17:30 17:45 18:00 18:15	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and forearm fractures – chairs: Haugstvedt & Corain Principles in 3D planning Extra arctiular reconstruction Intra articular reconstruction Principles in forearm reconstruction	Corain Berger Haugstvedt Haugstvedt
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16:45 17:00 17:30 17:45 18:00 18:15 18:45 19:00 19:15	Start of cadaveric workshop Presentation of results Coffee break Malunions following complex distal radius and forearm fractures – chairs: Haugstvedt & Corain Principles in 3D planning Extra arctiular reconstruction Intra articular reconstruction Principles in forearm reconstruction Forearm reconstruction – case examples Madelung - case example 3D planning – when is it a can when is it a must? Q & A	Corain Berger Haugstvedt Haugstvedt Soreide Odella Haerle

Day 2 | 24.05.2024

08:00	Pickup at Hotel	
	Session on metacarpal and phalangeal fracture manachairs of session: Haerle & Sgarbossa	agement
08:15	Introduction into the session on fracture management of metacarpals and phalanges – chairs: Odella & Sgarbossa	
08:15	Treatment strategy - conservative treatment of metarcarpal fractures	Odella
08:30	Treatment strategy in metacarpal head and shaft fractures	van Schoonhoven
08:45	Metacarpal base fractures and dislocations	Soreide
09:00	Fractures on the base of metacarpal 1	Sgarbossa
09:15	Treatment strategy in phalangeal fractures – conservative treatment	Haerle
09:30	Treatment strategy in phalangeal fractures – operative treatment	Talwalkar
09:45	Corrective osteotomies in metacarpals - free hand	Berger
10:00	3D planning vs. free hand	Schindele
10:15	Q & A	AII
10:30	Coffee break	
11:00	Workshop instruction including demo of available fractures	Odella & Sgarbossa
11:15	Start of cadaveric workshop	AII
12:30	Lunch break	
12.50		
13:30	All around the ulna – chairs: van Schoonhoven & Smarrelli	
		Corain
13:30	chairs: van Schoonhoven & Smarrelli	
13:30 13:30	chairs: van Schoonhoven & Smarrelli Anatomy and stabilization of the DRUJ	Corain Haerle Smarrelli
13:30 13:30 13:45	chairs: van Schoonhoven & Smarrelli Anatomy and stabilization of the DRUJ Wafer	Haerle
13:30 13:30 13:45 14:00	chairs: van Schoonhoven & Smarrelli Anatomy and stabilization of the DRUJ Wafer Ulna shortening	Haerle Smarrelli Schindele
13:30 13:30 13:45 14:00 14:15	chairs: van Schoonhoven & Smarrelli Anatomy and stabilization of the DRUJ Wafer Ulna shortening Darrach & Sauve-Kapandji	Haerle Smarrelli Schindele Haugstvedt
13:30 13:30 13:45 14:00 14:15 14:30	chairs: van Schoonhoven & Smarrelli Anatomy and stabilization of the DRUJ Wafer Ulna shortening Darrach & Sauve-Kapandji Total or hemi replacement	Haerle Smarrelli Schindele
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Day 2 |24.05.2024

16:00	Workshop instruction ulna shortening	Haerle
16:15	Start of hands-on cadaver workshop	All
17:00	Workshop instruction UHP	van Schoonhoven
17:15	Start of hands-on cadaver workshop	All
18:15	End	
18:30	Transfer to hotel	
20:00	Dinner	

Day 3 |25.05.2025

08:00	Pickup at Hotel	
	Session on PIP arthroplasty Chairs of session: Schindele & Talwalkar	
08:25	Introduction into the session PIP arthroplasty	Schindele & Talwalkar
08:30	Principles in PIP joint arthroplasty	Schindele
08:45	Different treatment options in PIP arthroplasty	Schindele
09:00	A 13-years-follow-up of more than 450 cases with CapFlex PIP surface replacement	Schindele
09:15	How I do? Why I do? – approaches, outcomes and tips and tricks	Talwalkar
09:35	Hemi hamate PIP arthroplasty – surgical technique	Pfanner
09:50	Q & A	All
10:00	Coffee break	
10:15	Workshop instruction and surgical technique on Capflex	Schindele & Talwalkar
10:30	Start of hands-on cadaver workshop	All
12:30	End of course and farewell	Smarrelli & Sgarbossa