

## Course venue

### University of Leeds, Leeds, UK

More room for advances in surgery!



The Anatomy Department at the University of Leeds is a leading center for anatomical education and research, combining tradition with cutting-edge technology. It offers hands-on learning with access to state-of-the-art dissection facilities.



## Course description

This two-day course aims to give a comprehensive overview of the treatment of complex fractures and pathologies requiring arthroplasty in hand surgery. Participants will be presented with theoretical presentations and case studies, which will be discussed in group settings, and the topics learned will be practiced on fresh frozen cadavers. A tutor will be available for every four participants.

## Course structure

### Day 1 (starting at 8:00)

- Treatment of complex distal radius fractures
- **Cadaver workshop** – distal radius fractures
- Malunions following complex distal radius fractures
- Treatment of complex metacarpal fractures
- Cadaver workshop – metacarpal fractures
- Malunions following complex metacarpal fractures

### Day 2

- Ulna shortening theory
- Cadaver workshop – ulna shortening
- Ulna head replacement theory
- Cadaver workshop – ulna head replacement
- PIP arthroplasty (primary and post-trauma)
- Cadaver workshop – PIP arthroplasty

It is possible, that course structure may change.

## General information

**Course fee:** € 990. Early bird special until June 30, 2025 – € 790

**Language:** English

**Accreditation:** Pending for CME accreditation

## Register here

<http://www.birg-group.com/en/cadavercourse/leeds>



University of Leeds, Leeds, UK  
September 4+5, 2025

support:

**KLS martin**  
GROUP



## Hands-on cadaver workshop

### All around complex fracture treatment and joint replacement in hand surgery

University of Leeds, Leeds, UK

September 4 – 5, 2025

## International faculty

**Duncan Avis**, Basingstoke, UK

**Joaquim Casañas**, Barcelona, Spain

**Max Haerle**, Markgroeningen, Germany

**Carlos Heras-Palou**, Derby, UK

**Jonathan Hobby**, Basingstoke, UK

**Lily Li**, London, UK

**Akshay Malhotra**, Stoke-on-Trent, UK

**Chrisan Mariathas**, Leeds, UK

**Philip Mathew**, London, UK

**Zaf Naqui**, Salford, UK

**Simonetta Odella**, Milan, Italy

**Samuel Pajares**, San Sebastián, Spain

**Simon Pickard**, Oswestry, UK

**Guillem Salva**, Mallorca, Spain

**Sumedh Talwalkar**, Wroughtington, UK

**Lauren Uppal**, London, UK

**Brigitte van der Heijden**, s-Hertogenbosch, the Netherlands

# Agenda

## Day 1 | Thursday, September 4, 2025

<b>08:00</b>	Welcome Reception
<b>08:30</b>	<b>Welcome from BIRG chairmen</b> <b>Introduction into the session on distal radius fracture management</b>
<b>08:35</b>	Surgical considerations for distal radius fractures: when and how to operate – which DRFs should be operated?
<b>08:45</b>	Preoperative planning of DRFs – key fragments
<b>08:55</b>	Volar and dorsal approach to distal radius, pearls and pitfalls
<b>09:15</b>	Patterns of radio carpal fracture dislocations
<b>09:25</b>	Volar and dorsal rim fractures
<b>09:35</b>	Concomitant TFCC and SL lesions, should they be treated?
<b>09:45</b>	Discussion
<b>10:15</b>	<b>Coffee break</b>
<b>10:45</b>	<b>Workshop on distal radius fracture management</b>
<b>10:45</b>	Workshop instructions including presentation of available fractures and set features
<b>11:00</b>	Start of hands-on cadaveric workshop
<b>12:30</b>	<b>Lunch break</b>
	<b>Session on malunions following complex distal radius fractures</b>
<b>13:30</b>	Principles in 3D planning
<b>13:40</b>	Extra articular malunions
<b>13:50</b>	Intra articular malunions
<b>14:00</b>	Principles in reconstruction of forearm deformities – case examples
<b>14:15</b>	Forearm reconstruction and 3D in fracture cases
<b>14:25</b>	Madelung reconstruction – case example
<b>14:35</b>	Special cases
<b>14:45</b>	Discussion
<b>15:00</b>	<b>Coffee break</b>

## Day 1 | Thursday, September 4, 2025

	<b>Session on metacarpal and phalangeal fracture management</b>
<b>15:15</b>	Treatment strategy – conservative treatment of metacarpal fractures
<b>15:25</b>	Treatment strategy in metacarpal head and shaft fractures
<b>15:35</b>	Metacarpal base fractures and dislocations
<b>15:45</b>	Fractures on the base of the first metacarpal
<b>15:55</b>	Treatment strategy in phalangeal fractures – conservative and operative treatment
<b>16:05</b>	Corrective osteotomies in metacarpals 3D planning vs. free hand
<b>16:15</b>	Corrective osteotomies in metacarpals 3D planning case examples
<b>16:25</b>	Discussion
<b>16:45</b>	<b>Coffee break</b>
<b>17:15</b>	<b>Workshop on metacarpal fracture management</b>
<b>17:15</b>	Workshop instructions including presentation of available fractures and set features
<b>17:30</b>	Start of hands-on cadaveric workshop
<b>18:30</b>	End
<b>20:30</b>	<b>Dinner</b>

## Day 2 | Friday, September 5, 2025

<b>08:00</b>	<b>Pickup at hotel</b>
	<b>Session on all around the ulna</b>
<b>08:30</b>	Anatomy and stabilization of the DRUJ
<b>08:40</b>	Wafer
<b>08:50</b>	Ulna shortening
<b>09:00</b>	Darrach and Sauve-Kapandji
<b>09:10</b>	Ulna head replacement
<b>09:15</b>	Total or hemi replacement of DRUJ
<b>09:30</b>	Salvage of ulna head replacements
<b>09:40</b>	Discussion
<b>09:50</b>	<b>Coffee break</b>
<b>10:15</b>	<b>Workshop instruction ulna shortening</b>
<b>10:30</b>	Start of hands-on cadaver workshop
<b>11:15</b>	<b>Workshop instruction UHP</b>
<b>11:30</b>	Start of hands-on cadaver workshop
<b>12:30</b>	<b>Lunch break</b>
	<b>Session on PIP arthroplasty</b>
<b>13:30</b>	Principles in PIP joint arthroplasty
<b>13:40</b>	Different treatment options in PIP arthroplasty
<b>13:50</b>	Surgical pearls – tips and tricks
<b>14:00</b>	How I do? Why I do? – approaches, outcomes and results
<b>14:10</b>	Case examples using CapFlex PIP
<b>14:20</b>	Hemi hamate PIP arthroplasty – surgical technique
<b>14:30</b>	Discussion
<b>15:00</b>	<b>Coffee break</b>
<b>15:30</b>	<b>Workshop instruction and surgical technique on CapFlex</b>
<b>15:45</b>	Start of hands-on cadaver workshop
<b>17:30</b>	End of course and farewell
<b>20:00</b>	<b>Course dinner</b>